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Constellation Work in Individual Setting

"They who do not know the village from which they come will never find the village they seek." (Chinese Proverb)

Client Information

Date_____

Name _____ Birth date _____

Address _____ City _____ State _____ ZIP _____

Phone _____ e-mail _____

Release from Liability:

I understand that Constellation Therapy may bring up strong emotions or old memories. I understand that Dr. Ursula M.L. Nickel with Nickel Acupuncture, LLC cannot guarantee success or effectiveness. I further agree that CONSTELLATION THERAPY DOES NOT REPLACE MEDICAL TREATMENTS.

I agree to assume the risk of any injury and to voluntarily release, waive, discharge and relinquish any and all claims or causes of action for personal injury which may arise as a result of doing Constellation Therapy with Dr. Ursula M.L. Nickel.

Participant's signature

Questionnaire

Facts about the family history are essential to Family Constellations. Family Constellations need facts as a base. Researching one's family by asking parents, aunts, uncles, grandparents, siblings and cousins about important family events, is appropriate preparation before setting up a family constellation.

1. Write down names, birth dates and death dates (if applicable) of :

a) yourself, your siblings or half siblings (oldest one first)

b) your parents and their siblings, also half siblings (oldest one first), write down what your parents did for a living

c) your grandparents and what they did for a living

2. Did any of your parents or grandparents have any other significant relationships, spouses or other marriages before they got married? Are there children from previous relationships? Are any of these relationships a family secret because of differences in class, race or age?

3. Did you, your parents or grandparents have any children who were still born, aborted or were there any miscarriages in your family?

4. Are there any family secrets in your family like estranged family members, any kind of abuse or children who were given away for adoption?

5. Did anybody in your family suffer from mental illness or die a violent death (war, accident, homicide, suicide)? Did any of your great grandmothers die in childbirth?

6. Did any of your great grandparents play a special role in your family?
